

Office of Clinical Psychology at Columbia University Medical Center, Department of Psychiatry  
Clinical Postdoctoral Fellowships

**Fellowships in Clinical Child and Adolescent Psychology**

Pediatric Psychiatry at CHONY - Clinical Child Psychology Postdoctoral Fellowship

The Department of Clinical Psychology at New York Presbyterian Hospital, Columbia University Medical Center offers a one-year clinical child psychology postdoctoral fellowship. The fellowship is conducted within the Pediatric Psychiatry Department of the Ambulatory Care Network of New York Presbyterian Hospital. The Pediatric Psychiatry Department largely serves children, adolescents and families from Washington Heights, an urban and predominantly Latino community. The fellowship offers opportunities to work within various outpatient clinic settings, school-based settings and the emergency department. The full-time clinical fellowship provides intensive supervised clinical experience in evaluation, psychological testing, and treatment of children and adolescents with a wide range of psychiatric disorders. Training involves supervision in a variety of treatment modalities including cognitive-behavioral, interpersonal, psychodynamic, and family therapies. The fellowship places particular emphasis on training in evidence-based interventions. The fellow participates in weekly individual and group supervision (4 to 6 hours) and attends weekly didactic seminars, team disposition and case conference meetings and Grand Rounds.

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The Columbia University Clinic for Anxiety and Related Disorders (CUCARD) specializes in evidence-based outpatient treatment for individuals of all ages struggling with anxiety, mood, and related disorders. CUCARD is overseen by Director Dr. Anne Marie Albano and is staffed by senior clinical psychologists who are highly skilled in cognitive behavioral therapy. Postdoctoral fellows will learn about the implementation of cognitive behavioral therapy through a range of specialized experiences including individual therapy, group therapy, conducting in vivo exposures within and outside the clinic, and assisting with school observation visits. Trainees will consult directly with our staff psychiatrist to learn effective models of collaborative, team-based care. In addition, fellows will participate in weekly group and individual supervision. This will provide the opportunity for intensive training on their own cases as well as the opportunity for seeing how senior clinicians handle problems they encounter when implementing and adapting evidence-based practice to meet the needs of their patients. CUCARD further enhances training through weekly seminars focusing on a variety of topics, including case formulation-based treatment for anxiety and related disorders, ADHD & behavioral disorders, ethics, and a variety of other theoretical and practical topics focusing on the development of young professionals. Finally, as research and the conduct of empirically-supported treatment is a core value of the clinic, students will have the opportunity to prepare a case study for publication.

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### The Columbia University Clinic for Anxiety and Related Disorders (CUCARD) – Westchester

CUCARD Westchester is an outpatient treatment clinic in the Child and Adolescent Division of Columbia University's Psychiatry Department and is located in Tarrytown, NY. CUCARD Westchester specializes in the diagnostic assessment and evidence-based treatment of anxiety, OCD and related disorders in children, adolescents and young adults, with dedicated accelerated treatment programs for youth exhibiting school refusal behavior or marked impairment in other domains. The postdoctoral fellowship at CUCARD Westchester provides specialized training in cognitive-behavioral treatment for anxiety disorders and OCD. The postdoctoral fellow will provide treatment in individual and group formats and will gain experience providing accelerated treatment services up to five times weekly. Postdoctoral fellows will receive weekly individual supervision and will attend didactic seminars both at CUCARD Westchester and at the CUMC campus. Applicants should have experience providing cognitive-behavioral treatment for anxiety disorders and experience treating children and adolescents.

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### Pediatric Hematology, Oncology and Transplantation Postdoctoral Fellowship

The Division of Pediatric Hematology, Oncology and Stem Cell Transplantation provides both outpatient and inpatient services for children diagnosed with cancer, and blood disorders, as well as a stem cell transplantation program for both malignant and non-malignant disorders at the Columbia University Medical Center and the Morgan Stanley Children's Hospital. A multidisciplinary team of physicians, psychologists, physical therapists, nurses, social workers, child life specialists, art and music therapists, and medical fellows work collaboratively to address the complex problems faced by patients and their families. The Psychology Fellowship consists of clinical training in pediatric psycho-oncology, direct clinical care of patients and families, and participation in developing clinical programs and research. Clinical activities include inpatient and outpatient therapy, as well as neuropsychological assessment. Additional opportunities include conducting psychosocial screenings in the Survivorship program, pre-bone stem cell transplant evaluation, and palliative care services. The Fellow's caseload will consist of approximately 10 ongoing weekly patients and 5-10 weekly parent collateral sessions in outpatient and inpatient settings. Fellows will also have the opportunity to screen and meet with survivors during their annual comprehensive visits. The psychology fellow will participate in didactic seminars and hospital-wide seminars and receive training in clinical supervision, along with weekly individual supervision.

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### Promise Program at Columbia University Medical Center/New York Presbyterian Hospital

The Promise Program at Columbia is an outpatient neuropsychology service located within a hospital setting. The primary mission of the Promise Program is to provide comprehensive neuropsychological assessments and education coordination to underserved children and with learning, attention, and behavior/psychiatric difficulties and their families. We have a subspecialty Spanish Bilingual Program in order to evaluate and assess children who are Spanish language dominant. The Promise Program post-

doctoral neuropsychology fellowship is a two-year, full time position in which trainees are supervised in providing comprehensive neuropsychological evaluations to children and adolescents with a range of learning disabilities and related developmental concerns. Fellows complete schools observations and attend IEP meetings as needed, in collaboration with the Promise education coordinator team. Fellows will receive weekly individual and group supervision, attend weekly didactic seminars, and participate in weekly team case conference meetings. Fellows also have the opportunity to attend departmental, community and agency trainings on related mental health topics, special education services, and special education law.

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