



Two Landmark Grants Awarded to Columbia/PI Researchers

RAISE: The Recovery After Initial Schizophrenic Episode



The National Institute of Mental Health (NIMH) announced this week that Dr. Jeffrey Lieberman will lead a nationwide effort to develop an optimal early intervention strategy for treating people experiencing a first episode of the psychotic symptoms of schizophrenia.

Research has shown that early treatment can alter the course of schizophrenia and related psychotic disorders by dramatically slowing progression; reducing disability, mortality, and the expense of care; and increasing recovery. The Recovery After Initial Schizophrenic Episode (RAISE) study, funded at \$9.9 million for two years, has the potential to be extended to six years and a total of \$21.3 million if certain milestones are met.

"This award will enable researchers to demonstrate how a strategically timed intervention at the onset of symptoms can prevent the debilitating effects of one of humankind's most devastating and costly mental disorders," says Dr. Lieberman, Chairman of the Department of Psychiatry at Columbia University and Director of New York State Psychiatric Institute.

The goal of RAISE is to develop an evidence-based strategic intervention for early psychosis that can be facilitated both in community-based and public mental health-settings, and in private clinical practice settings. Since patient dropout and poor continuation in treatment is a major problem for schizophrenia clinicians, the intervention will encourage patients' engagement and adherence to treatment.

Dr. Lieberman will lead a team of researchers from Columbia University Medical Center, the University of Maryland; University of North Carolina, UCLA, Dartmouth College and Harvard University.

Preventing Suicide Among Military Personnel



Dr. John Mann, Chief of Molecular Imaging and Neuropathology Division at New York State Psychiatric Institute (PI), is among the nation's four leading experts in suicide research who will carry out the largest study of suicide and mental health among military personnel ever undertaken. The announcement came this week from the National Institute of Mental Health (NIMH), which signed a memorandum of agreement with the Army in October 2008 authorizing the NIMH to undertake the investigation with Army funding.

With \$50 million in funding from the U.S. Army, study investigators aim to move quickly to identify risk and protective factors for suicide among soldiers and provide a science base for effective and practical interventions to reduce suicide rates and address associated mental health problems.

Suicide is the fourth leading cause of death among 25 to 44-year-olds in the United States. Historically, the suicide rate has been lower in the military than among civilians. In 2008 that pattern was reversed, with the suicide rate in the Army

exceeding the age-adjusted rate in the civilian population (20.2 out of 100,000 vs. 19.2). While the stresses of the current wars, including long and repeated deployments and post-traumatic stress, are important potential contributors for research to address, suicidal behavior is a complex phenomenon. The study will examine a wide range of factors related to and independent of military service, including unit cohesion, exposure to combat-related trauma, personal and economic stresses, family history, childhood adversity and abuse, and overall mental health.

Along with Dr. Mann, who has led groundbreaking research to elucidate the triggers of suicide and identify high-risk patients, the consortium brings together research teams that are internationally known for their expertise and experience in research on military health, health and behavior surveys, epidemiology, and suicide, including genetic and neurobiological factors involved in suicidal behavior. Project director Dr. Robert Ursano is at the Uniformed Services University of the Health Sciences, Bethesda, MD. Consortium PIs are Dr. Steven Heeringa at the University of Michigan, Ann Arbor; Dr. Ronald Kessler of Harvard Medical School, Cambridge, Mass.; and Dr. Mann.

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Dr. Jeffrey Lieberman joined OMH Commissioner Michael Hogan, former governor Mario Cuomo and employees past and present at the dedication of the Herbert Pardes Building of the New York State Psychiatric Institute (PI) on May 15, 2009.

A roster of notable speakers acknowledged Dr. Pardes' commitment to improving mental health treatment, his unwavering support as an advocate for those affected by mental illness and his seeming clairvoyance: "Herb has the sense of where things are going to be and every institution he's led has been a step ahead of everybody else," said Dean Goldman.

With mock trepidation, Commissioner Hogan noted that naming the building in Dr. Pardes' honor was in violation of state policy, but his achievements warrant the exception to the rule as "...Herb embodies this confluence of energy to move forward and to act and to improve patient care."



Pictured left to right: Commissioner Michael Hogan, Dr. Herbert Pardes, Dr. Jeffrey Lieberman

During his tenure as PI's Director, Dr. John Oldham was fond of saying, in reference to the bridges and causeways connecting PI to the medical center and community at large, that all roads lead to PI. At the unveiling, he noted that in the naming of the building that Dr. Pardes envisioned, "All roads also lead to Herb Pardes."



Message from the Chairman and Director, Jeffrey A. Lieberman, MD Preserving the Past & Building for the Future

Eighty years ago, just two months after the Wall Street crash of 1929, the world's leading figures in psychiatry joined the leadership of Columbia University, Presbyterian Hospital and NYS Office of Mental Health to dedicate a new building for the New York State Psychiatric Institute.

PI was actually not new in 1929—it had been founded 33 years earlier as an independent pathologic institute—but its affiliation with Columbia and move to the Columbia Medical Campus offered the promise of a new era in psychiatric research, training, and clinical care, and a far-sighted and bold public-academic partnership. Quoting then PI Director George Kirby: "The completion of the Institute brings large responsibilities, but above all, it brings a great opportunity, an opportunity which is probably unparalleled anywhere in the world today."

Over the ensuing 80 years, Psychiatric Institute has more than delivered on that promise. The evolution and growth of American psychiatry is highlighted by milestones in our history. A timeline can be seen at <http://www.columbiapsychiatry.org/timeline.html>.

Today, as in 1929, we face enormous economic challenges, as a nation and as a department. While we cannot predict the full impact, we know we have to do more with less. While the greatness of PI

is in its people, its legendary reputation and engine of economic growth is its research enterprise. This was foreseen by the founders. In his ceremonial speech, Director Kirby said, "Whatever success may attend our efforts will depend primarily on our ability to foster and cultivate in every part and activity of this Institute a spirit of intellectual inquiry and research". We have done this; our research program is broad and deep. The expertise of our faculty spans from molecular neurobiology to epidemiology; from developmental neuroscience to child and geriatric psychiatry; from molecular and clinical therapeutics to services and policy research. No other psychiatric department in the world exceeds that of Columbia and PI in the scope of its research prowess and productivity.

Whereas in 1929 virtually all the PI budget came from OMH, today we also rely on other funding sources. Although OMH remains our key supporter, we have substantially increased our sponsored research, clinical revenues and philanthropic support over the years. In 2008, we received more federal grant dollars from the NIH than any other Department of Psychiatry in the country, breaking the \$100 million mark, a remarkable feat given that NIH funding was declining.

Currently, we are in a better position to withstand adversity than most other institutions. While it may be painful to get through the current economic crisis, get through it we will. And we will emerge stronger than ever.

Cortical Thinning in Persons at Increased Risk for Major Depression

Dr. Bradley Peterson's study showing that thinning in the brain's right cortex may be associated with a higher risk for depression received national coverage in various news outlets, including The New York Times, Reuters, the Los Angeles Times and CNN.

The study, "Cortical thinning in persons at increased risk for major depression," was published in the Proceedings of the National Academy of Sciences March 2009 issue. The paper is an outgrowth of research started 27 years ago by Dr. Myrna Weissman to investigate the familial roots of depression.

The cortex plays a key role in attention, reasoning, planning, and other executive functions that enable an individual to interpret social and emotional cues. Brain scans comparing cortical thickness in children whose parents or grandparents had depression with those of children whose family members had no depression history showed that thinning correlated with measures of current symptom severity, inattention, and visual memory for social and emotional stimuli. Evidence of cortical thinning in individuals with and without depression and who were at high risk suggests that this feature might be a marker of vulnerability to depression.



Study Links Sudden Unexplained Death to Stimulant Use



In June 2009 in the online version of the American Journal of Psychiatry, **Dr. Madelyn Gould** and colleagues published findings of a study examining stimulant use among children and adolescents showing an association between stimulants and sudden unexplained death in youth. The finding drew attention to the potential risks of stimulant medication.

Stimulant medications are widely used to treat children with attention deficit hyperactivity disorder (ADHD). The medications help reduce hyperactivity and impulsivity and improve the ability of affected children to focus and learn. Research has shown that stimulants can also have effects on the cardiovascular system, for example, raising blood pressure and heart rate. There have also been reports of sudden deaths in children receiving the medications, prompting the FDA to direct drug manufacturers to inform consumers of possible risks of stimulant medications in children and adolescents with known pre-existing heart problems.

While the risk of sudden death is small, the study indicates that stimulant medications are not innocuous, as concluded in an accompanying editorial.

HIV Center Intervention Cited by CDC



The Healthy Living Project, a program developed and evaluated by the HIV Center for Clinical and Behavioral Studies, has been chosen by the Centers for Disease Control and Prevention (CDC) for inclusion in its "2008 Compendium of Evidence-based HIV Prevention Interventions." To be included, programs must be scientifically proven to reduce HIV or STD-related risk behaviors or promote safer behaviors. The 2008 Compendium is a single source of information that informs state and local

HIV prevention programs about what works for preventing HIV infections and includes a total of 57 interventions; the Healthy Living Project is one of eight interventions that have been added this year. Healthy Living is a three-module/15-session intervention that is delivered one-on-one to people living with HIV. Each of the three modules consists of five sessions, and each is designed to improve quality of life in a different broad area of health: physical, mental, and sexual. The intervention was developed as part of a multi-site collaboration among the HIV Center and colleagues from UCLA, UCSF, and the Medical College of Wisconsin. http://www.cumc.columbia.edu/news/press_releases/090211_HealthyLiving.html

Teen Depression Linked to Sleep Times

At the June 2009 meeting of the Annual Meeting of the Associated Professional Sleep Societies, **Dr. James Gangwisch** presented new findings from his study on sleep patterns in adolescents suggesting that inadequate sleep could lead to depression.

Data analysis from 15,659 adolescents revealed that a total of 1,143 teens (7.3 percent) suffered from depression and 2,038 (13 percent) had suicidal thoughts. Adolescents with parental-mandated bedtimes at midnight or later were 25 percent more likely to suffer from depression and 20 percent more likely to have suicidal ideation compared with adolescents who had parental-mandated bedtimes of 10 p.m. or earlier. Dr. Gangwisch's study provides further support for the American Academy of Sleep Medicine's recommendations that teens get a little more than nine hours of sleep per night.

MAC AIDS Fund Leadership Initiative Renewed

The MAC AIDS Fund Leadership Initiative, which identifies and provides training and support to emerging leaders in HIV prevention in South Africa, has been renewed by the MAC AIDS Fund for an additional two years. This allows the Leadership Initiative, which is based at the HIV Center for Clinical and Behavioral Studies, to enroll its third and fourth cohorts of Fellows, who will receive training, mentoring, and seed funding for implementation of the prevention plan they devise in consultation with the program faculty. The Leadership Initiative is funded by the MAC AIDS Fund and is sponsored by the HIV Center and the UCLA Program in Global Health in collaboration with the Human Sciences Research Council (HSRC) of South Africa.



Gray Matters at Columbia Spring Benefit Luncheon



Pictured left to right: Anne Ford, Tina Sloan, Connie Lieber, Charlotte Ford and Donna Hanover

On Monday, May 4, 2009 the Gray Matters at Columbia Annual Spring Benefit was held at The University Club. 240 guests attended the event, with the program featuring Donna Hanover, Anne Ford, Dick Cavett and keynote speaker Dr. Jeffrey A. Lieberman, Chairman of Columbia Psychiatry. Gray Matters at Columbia is dedicated to raising funds to support outstanding young scientists as they gain training and embark on careers in research at Columbia University's Department of Psychiatry. This year's event raised more than \$120,000 with every dollar going towards research on brain disorders which affect mental functions and behavior. Dr. Lieberman notes that "like the outstanding young doctors I introduced at the luncheon, the Gray Matters fellows represent our hopes for the future of psychiatric medicine. We are fortunate and proud to have them on our team."

Next to Normal

Columbia Psychiatry and CAAL, the Columbia Alumni Arts League, partnered for a special evening at the Broadway smash hit *Next to Normal* on Tuesday, June 30, 2009. *Next to Normal*, winner of 3 Tony Awards, explores how one suburban household copes with crisis and struggles to keep their family intact as their mother battles mental illness. After the performance our guests had the special opportunity to remain in the theatre for a talkback moderated by Gregory Mosher, Director of the Arts Initiative at Columbia University, and featuring: Dr. Jeffrey A. Lieberman, Chairman and Lawrence C. Kolb Professor, Columbia University Department of Psychiatry and Director, New York State Psychiatric Institute; Tom Kitt, Composer, *Next to Normal*, CC '96; Brian Yorkey, Lyricist, *Next to Normal*, CC '93; Dr. Anthony Pietropinto, Consultant, *Next to Normal*, P&S '64.

Cause Célèbre

Columbia Psychiatry partnered this spring in a special theatre event, a portion of the proceeds from which benefitted Columbia Psychiatry's Lieber Recovery and Rehabilitation Clinic. With opening night on May 31st and four performances in June, *A Battle of Wills/Internal and External* was a limited run of three highly acclaimed one-act plays dealing with emotional conflict. These works by Harold Pinter, Dorothy Parker, Tom Fontana and Susan Charlotte featured such distinguished actors as Tony award-winner Marian Seldes, *Law and Order's* Carolyn McCormick and Emmy award-winner John Shea under the direction of Christopher Hart and Antony Marsellis. Each performance concluded with the special opportunity to join a post-play discussion with faculty members from Columbia Psychiatry. This wonderful event brought together the worlds of art and psychiatry in a collaborative forum for discussion of complex topics that touch so many people's lives.

NAMI Walks for the Minds of America

NYSPI and **Columbia Psychiatry** were proud to be Honorary Co-Chair for the 2009 NAMI Walks for the Minds of America sponsored by NAMI - NYC Metro. **Team NYSPI/CU Psychiatry** had 86 registered team members and raised almost \$15,000 in funds for the walk. Our Director and Department Chair, Dr. Jeffrey Lieberman, spoke at the kickoff in support of psychiatric research and the work of NAMI. We would like to extend our congratulations to NAMI - NYC Metro for a successful event and for surpassing their goal to raise \$300,000!



To make a charitable donation online please visit us at <http://www.columbiapsychiatry.org/help/index.html>

The Frontier Fund and the Discovery to Recovery Society

The Frontier Fund is the annual campaign of Columbia Psychiatry, and we are proud to recognize this dedicated group of donors, whose support is vital to our mission. Annual donors can direct their funds to one of four essential areas at the forefront of our work: Chairman's Initiative Fund, Clinical Research and Treatment, Education and Community Outreach and Young Investigators Fund.

The Discovery to Recovery Society is a special recognition society, created to honor the annual contributions of the Department of Psychiatry's most loyal and generous donors.

Membership is granted to all donors who make a minimum gift of \$1,000 a year. Membership in The Discovery to Recovery Society signifies a tradition in leadership, generosity and commitment to excellence in scholarship, research and teaching.

Please consider a gift in support of The Frontier Fund. For more information or to make a contribution please contact Emily Carey, Director of Development, at 212-543-5942 or eac2149@columbia.edu, or visit us online at <http://www.columbiapsychiatry.org/help/index.html> - "How You Can Help". Thank you.

Congratulations Class of 2009!

Graduates of the Adult Psychiatry Residency Program became full-fledged psychiatrists on June 17, 2009, moving on to the next stage of their professional lives. They take with them an education rich in clinical care and research knowledge honed in clinics and laboratories at a medical center virtually unmatched in its training opportunities. Seven of the 12 graduates have assumed posts here at the medical center. Our best wishes to all our graduates!



Dr. Craig Beach is pursuing a Forensic Psychiatry Fellowship at Case Western Reserve University.

Dr. Lindsay Dykema has relocated to North Carolina, where she is a Fellow in Psychosocial Rehabilitation and Recovery Services at Duke University and the Veterans Affairs Medical Center in Durham.

Dr. Ragy Girgis has begun a Schizophrenia Research Fellowship at Psychiatric Institute and Columbia under the combined mentorship of Department Chairman Dr. Jeffrey Lieberman and Translational Imaging Division Chief Dr. Anissa Abi-Dargham.

Dr. Elizabeth Harre is a Psychotherapy Supervisor in the Inwood Clinic, one of the Psychiatric Institute's outpatient clinics.

Dr. Steven Kushner has accepted a tenure-track faculty position in the Department of Psychiatry at the Erasmus University Medical Center in Rotterdam, where he will serve as the Director of the Division of Neurobiological Psychiatry, and establish a translational neuroscience laboratory.

Dr. Karimi Mailutha is a Fellow in Child and Adolescent Psychiatry at Columbia University/Weill Cornell/NewYork-Presbyterian Hospital.

Dr. Alexandra Martins is a full-time attending on the 5-South inpatient unit at the Psychiatric Institute and is on the teaching faculty as a Columbia Teaching Fellow.

Dr. Sander Markx will pursue a Schizophrenia Research Fellowship at Columbia next year. He will work with Drs. Joseph Gogos and Maria Karayiorgou looking at human genetics and animal models of psychiatric disorders.

Dr. Sara Nash is a Consultation-Liaison/Psychosomatic Medicine Fellow at Columbia.

Dr. Markus Ploesser is now a Forensic Psychiatry Fellow at the University of Washington in Seattle.

Dr. Oliver Stroeh will start a two-year Fellowship in Child and Adolescent Psychiatry at Columbia University/Weill Cornell/NewYork-Presbyterian Hospital.

Dr. Russell Tobe is pursuing a Fellowship in Child and Adolescent Psychiatry at Columbia University/Weill Cornell/NewYork-Presbyterian Hospital.

Awards & Recognitions

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Dr. Deborah L. Cabaniss, Associate Clinical Professor of Psychiatry, was one of 13 individuals named a Garvey Academy Fellow. Appointment as a Garvey Fellow recognizes not only individual achievement in teaching, but also full commitment and participation in its mission as an academic medical center.



Dr. Maria Oquendo, Chief of the Division of Education and Training, received this year's National Hispanic Medical Association Hispanic Health Leadership Award. The award recognizes "outstanding individuals who have served in significant leadership roles and have improved the health of Hispanics and other underserved populations."



Dr. Barbara Stanley, Director of the Developing Center Suicide Intervention Center, along with her colleagues Gregory Brown and Glenn Currier, received the Research Award from the American Foundation for Suicide Prevention for her work on suicide risk assessment in the emergency department.



LifeScript.com named **Dr. Myrna Weissman**, Chief of the Division of Epidemiology, one of America's top 21 women's doctors. LifeScript, a women's health website, selected this year's physicians for their ongoing contributions to advancements in women's medicine. Dr. Weissman's contribution to epidemiology was recognized in the Annals of Epidemiology April issue in which she was invited to write an editorial.

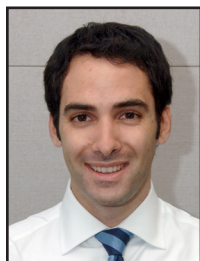


Nobel Laureate **Dr. Eric Kandel**, Director of the Kavli Institute for Brain Sciences, was among five notable individuals honored in June at the eighth annual Ellis Island Family Heritage Awards.

Janssen Fellowships

The Janssen Selection Committee has awarded the 2009 Paul Janssen Fellowships in Translational Neuroscience Research to **Drs. Susanne Ahmari, Victoria Cressman, and Jeffrey Miller.**

Resident Awards



Dr. Jonathan Amiel, PGY-II was selected to participate in the 2009 Career Development Institute (CDI) for Psychiatry. The award provides support around launching and maintaining a career in mental health research.



Dr. Erin Callahan Soto, PGY-I, received a fellowship from the American Society of Clinical Psychopharmacology to attend their workshop on clinical trials.

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AlumniNews New! Please send your news (including year of graduation) to morrisd@pi.cpmc.columbia.edu.



Dr. Philip Muskin Receives the 2009 Alumni Award at the Annual Meeting of the American Psychiatric Association

Dr. Philip Muskin, Professor of Clinical Psychiatry and Chief of Consultation-Liaison Psychiatry at Columbia University Medical Center, was honored with the 2009 Alumni Award at this year's Annual Meeting of the American Psychiatric Association in San Francisco, CA. The award was presented by Dr. Jeffrey A. Lieberman, Lawrence C. Kolb Professor and Chairman of the Columbia University Department of Psychiatry, at the Annual APA Meeting Reception of NewYork-Presbyterian Hospital, the University Hospital of Columbia and Cornell. The event was held at San Francisco's Asian Art Museum.

Honoring a Colleague

A recent generous gift to the Frontier Fund by faculty member Dr. David V. Forrest, P&S '64, was made in honor of Mr. David Ho and his 50 year career at PI. This photo is from an October 1981 issue of The Stethoscope newsletter (Dr. Forrest is on the left and Mr. Ho on the right). Best wishes from the PI community to Mr. Ho, and many thanks to Dr. Forrest for his ongoing support of the Frontier Fund.





Evelyn Attia, MD

Dr. Evelyn Attia, a nationally-recognized expert in eating disorders, has been recruited to lead a new state-of-the-art inpatient eating disorders program in Westchester. A cross campus

initiative that integrates services at Weill Cornell, Columbia University Medical Center (CUMC), New York-Presbyterian and the New York State Psychiatric Institute, the program is scheduled to launch later this year. This collaboration promises an extensive array of services and research opportunities for adolescents and adults with anorexia and bulimia nervosa.

Dr. Attia is also Director of the Columbia Center for Eating Disorders, part of the Metropolitan Comprehensive Care Center for Eating Disorders, a state-supported network of clinical services dedicated to treating individuals with eating disorders. Earlier this year, Dr. Attia unveiled the Eating Disorders Program at Columbia Eastside, located at 16 East 60.

<http://cumc.columbia.edu/dept/eatingdisorders/>



Jonathan Javitch, MD, PhD

Dr. Jonathan Javitch, Chief of the Division of Molecular Therapeutics and Scientific Director of the Lieber Center, has been named the first Lieber Professor of Experimental Therapeutics (in Psychiatry). This

inaugural professorship is made possible by a \$2 million commitment from the Essel Foundation.

An innovative and renowned researcher, Dr. Javitch's work focuses on understanding molecular and cellular processes that underlie behavior, with an emphasis on existing or novel targets for therapeutic intervention in psychiatric disorders. Dr. Javitch's lab also has a specialized expertise in dopaminergic signaling and its role in schizophrenia and drug abuse.

A graduate of Stanford University, Dr. Javitch earned a Doctor of Medicine degree and a Doctor of Philosophy degree in Pharmacology from Johns Hopkins University. He completed his residency in psychiatry and postdoctoral fellowship at Columbia University/New York State Psychiatric Institute.

The Professorship is named in honor of long-time philanthropists and Essel Foundation donors Stephen and Constance Lieber.

http://asp.cumc.columbia.edu/facdb/profile_list.asp?uni=jaj2&DepAffil=Psychiatry



Susan Essock, PhD

Dr. Susan Essock, Director of the Division of Mental Health Services and Policy Research, has been appointed the first Edna L. Edison Professor of Psychiatry. The establishment of the Edna L. Edison Professorship Fund at Columbia University was made possible through a significant bequest from the estate of Ms. Edison, a longtime generous supporter of the Department of Psychiatry.

A reception to celebrate Dr. Essock's appointment was held on Monday, July 13, 2009 at The Donald F. Tapley Faculty Club at the Medical Center. The program included speakers Dr. Lee Goldman, Executive Vice President for Health and Biomedical Sciences and Dean of the Faculties of Health Sciences and Medicine; Dr. Jeffrey Lieberman, Lawrence C. Kolb Professor and Chairman of the Columbia University Department of Psychiatry; Dr. Lloyd Sederer, Medical Director of the NYS Office of Mental Health; Ronald Stein, Esq., Partner, Stroock & Stroock & Lavan and Executor of Ms. Edison's estate; Dr. Roger MacKinnon; and Dr. Essock. Friends, family and colleagues of Dr. Essock and the Department of Psychiatry were in attendance to mark the occasion.

Dr. Essock joined the Department of Psychiatry and the New York State Psychiatric Institute in January, 2007. Her Division plays a critical role in bridging the gap between research and practice by developing public-academic partnerships between researchers in psychiatry and policy makers at the New York State Office of Mental Health and elsewhere.

http://asp.cumc.columbia.edu/facdb/profile_list.asp?uni=se2176&DepAffil=Psychiatry



Clarice Kestenbaum, MD

The Department of Psychiatry announced in June the creation of an endowed professorship in the Division of Child and Adolescent Psychiatry thanks to a generous gift of \$3 million. The Clarice Kestenbaum Professorship of Education and Training honors the contributions of Dr. Kestenbaum, a renowned

child psychiatrist, who for 20 years directed the Child and Adolescent Psychiatry training program. The Kestenbaum Professorship will support an individual with demonstrated excellence in training and education in child psychiatry and commitment to addressing the complex needs of children and adolescents with psychiatric disorders. A portion of the pledge in the amount of \$500,000 will support a post-graduate clinical fellow who has completed a two-year residency in child and adolescent psychiatry. This significant contribution was given by generous benefactors of Columbia Psychiatry and longtime admirers of Dr. Kestenbaum.

Dr. Jeffrey A. Lieberman, Chairman of the Department of Psychiatry, noted that, "We are proud to count Dr. Kestenbaum as one of our esteemed faculty and this Professorship is a fitting honor both to her extraordinary career and the role of Columbia Psychiatry as a world leader in psychiatric medicine."

New Grants:

The department continues to receive a significant number of grants to support our research initiatives. This year, thanks to the American Recovery and Reinvestment Act that has increased the NIH's budget considerably, many of our investigators have submitted applications and anticipate a favorable response. In the last two months, a number of stimulus grant awards (*) have been provided to support a range of psychiatric research aims.

Agency for Healthcare Research and Quality

Kimberly Hoagwood: *Implementation of Feedback System to Improve EBTs for Children in Mental Health (R18)*

National Center for Research Resources

Alayar Kangarlu: *32-Channel Parallel Imaging 3Tesla MRI (S10)*

National Institute on Aging

David Friedman: *Effects of Age on the Cognitive ERP/Cardiac Wave Effect (R01)*

National Institute on Alcohol Abuse and Alcoholism

Deborah Hasin: *Adverse childhood experiences, personality psychopathology, and alcohol disorders*

National Institute of Mental Health

Beth Brodsky: *DBT for Self-Harm: A Clinical/Research Training for Psychiatry Residents (R25)*

Gerard Bruder, Cheryl Corcoran and R Jurgen Kayser: *Olfaction in the Psychosis Prodrome: Behavioral and ERP Measures (R21)*

Alex Carballo-Dieguez: *Rapid HIV Home Test and Decision-Making among HIV-Negative Men*

Madelyn Gould: *Effectiveness of Suicide Hotline Training (R01)*

Carlos Jackson: *Evaluating the Impact of Clinical Alerts Generated from Medicaid Claims Data (R01)*

*Catherine Monk: *Biobehavioral Assessment of Stress in Adolescent Pregnancy: Perinatal Outcomes (R01)*

*Mark Olsson: *Stimulants and Vascular Events in ADHD (R21)*

Steven Roose: *Research Training in Late-Life Neuropsychiatric Disorders (T32)*

*Majo Vattoly Joseph: *Development of 18F-Labeled Agonist PET Probes for Quantifying 5-HT1A Receptors (R21)*

Policy Scholars

The most recently acknowledged group of scholars are pursuing a wide array of mental health initiatives that will enhance patient care and delivery for the ethnically-diverse mentally ill population throughout the state. These small policy-focused grants were developed through a partnership with the Office of Mental Health and PI's Division of Mental Health Services and Policy Research.

Dr. Melissa Arbuckle: *Integrating Standardized Patient Assessment into the Routine Clinical Practice of Psychiatric Residents*

Dr. Leopoldo Cabassa: *Development of A Mental Health Literacy Program for Hispanics with Limited English Proficiency*

Dr. Elizabeth Fitelson: *Pregnancy in the Severely Mentally Ill: Identifying the Population and Understanding Unmet Needs*

Dr. Kristin Leight: *Pregnancy in the Severely Mentally Ill: Identifying the Population and Understanding Unmet Needs*

Dr. Erum Nadeem: *Supporting the Implementation of Evidence-Based Treatments for Children: A Microanalysis of Supervisory Consultation Calls as an Ongoing Sustainability Strategy*

Dr. Sapana Patel: *Shared Decision Making for Pregnant Women with Bipolar Disorder*

Dr. Caroline Rodriguez: *Compulsive Hoarding as a Potential Modifiable Risk Factor for Homelessness: A Pilot Study of Prevalence and Services Utilization*

Dr. Lawrence Yang: *Adaptation of the "In Our Own Voice-Family Companion" Anti-Stigma Intervention to Chinese American Relatives of People with Psychotic-Spectrum Disorders in New York City*



Pictured left to right: Carolyn Rodriguez, Kristen Leight, Lawrence Yang, Erum Nadeem and Sapana Patel

Resident Awards (continued from page 6)



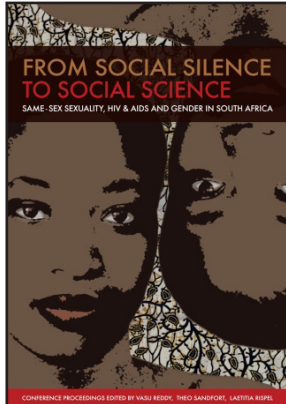
Dr. Carl Fisher, PGY-I, received the Doctor William Raynor Watson Memorial Award for "excellence in Psychiatry throughout four years of medical school." He also received the Medical Society of the State of New York Community Service Award for starting and running The Columbia-Harlem Homeless Medical Partnership, a new free clinic for the homeless.



Dr. Tresha Gibbs, PGY-II, was awarded the APA/Shire Child-Adolescent Psychiatry Fellowship. She is one of five psychiatry residents in the country to receive the award.



Dr. Ragy R. Girgis, PGY-IV, received the Society of Biological Psychiatry's Travel Fellowship allowing him to attend their meeting for the first time.

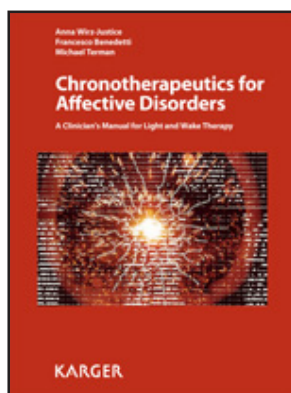


***From Social Silence to Social Science:
Same-sex Sexuality, HIV & AIDS and Gender in South Africa***

Editors: Vasu Reddy, **Theo Sandfort**, Laetitia Rispel
Publisher: HSRC Press
June 2009

Described as “essential reading for anyone involved in research, policymaking, advocacy and community development,” *From Social Silence to Social Science* examines HIV and AIDS transmission among gays in South Africa and the absence of programs and research relevant to those engaged in same-sex practices in the region.

<http://www.hsrcpress.ac.za/product.php?productid=2265>

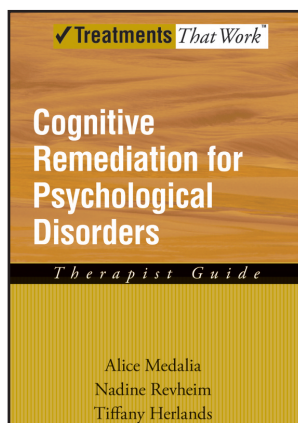


***Chronotherapeutics for Affective Disorders:
A Clinician's Manual for Light and Wake Therapy***

Authors: Anna Wirz-Justice, Francesco Benedetti, **Michael Terman**
Publisher: S. Karger AG
March 2009

Chronotherapeutics for Affective Disorders, a new book co-authored by Michael Terman and published in March, 2009, offers psychiatrists, psychologists, primary care physicians and health care administrators practical guidelines for treating depression and sleep deprivation.

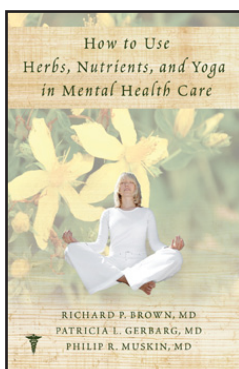
<http://sklad.cumc.columbia.edu/psychiatry/publications/>



Cognitive Remediation for Psychological Disorders: Therapist Guide

Authors: **Alice Medalia**, Nadine Revheim, **Tiffany Herlands**
Publisher: Oxford University Press
March 2009

Cognitive remediation is a form of behavioral based training given to improve cognitive functioning. The Neuropsychological Educational Approach to Cognitive Remediation (NEAR) Model is an evidence-based approach to cognitive remediation that utilizes a set of carefully crafted instructional techniques that reflect an understanding of how people learn best. This therapist guide provides a step-by-step instruction on how to implement NEAR techniques with patients to improve their cognitive functioning and quality of life. <http://sklad.cumc.columbia.edu/psychiatry/publications/>



How to Use Herbs, Nutrients, and Yoga in Mental Health Care

Authors: **Richard Brown**, Patricia Gerbarg, **Philip Muskin**
Publisher: WW Norton & Company, Ltd
January 2009

This book explores traditional Western medicine as well as herbal remedies and practices like yoga and breathing exercises. Whether a physician or layperson, the authors offer an even-handed view of these interventions, how they interact, augment and, in some cases, curtail each other's effects. <http://sklad.cumc.columbia.edu/psychiatry/publications/>